

CALCIRIX™-DHA Softgel

Calcitriol I.P. 0.25 mcg + Eicosapentaenoic Acid 180 mg +
Docosahexaenoic Acid 120 mg + Methylcobalamin I.P. 1500 mcg + Folic
Acid I.P. 400 mcg + Boron 1.5 mg + Calcium Carbonate I.P. 500 mg

"Strengthening Bones, Joints & Nerves - Complete Ortho Support"

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com



Product Overview

Composition (per softgel):

- Calcitriol I.P. – 0.25 mcg
- Eicosapentaenoic Acid (EPA) – 180 mg
- Docosahexaenoic Acid (DHA) – 120 mg
- Methylcobalamin I.P. – 1500 mcg
- Folic Acid I.P. – 400 mcg
- Boron – 1.5 mg
- Calcium Carbonate I.P. – 500 mg

Key Features:

- Unique blend of **bone, joint & nerve health nutrients**
- Synergistic action on **osteoporosis, arthritis & neuropathy**
- Omega-3 fatty acids support anti-inflammatory pathways





Mechanism of Action

Calcitriol

Enhances calcium absorption & bone mineralisation



Calcium Carbonate + Boron

Strengthens bone matrix & density

EPA + DHA (Omega-3s)

Reduce inflammation, improve joint lubrication



Methylcobalamin + Folic Acid

Promote nerve repair & reduce homocysteine levels

Result → Stronger bones, healthier joints, improved nerve function

Indications

CALCIRIX™-DHA is recommended for:

- Osteoporosis & osteopenia
- Osteoarthritis & inflammatory joint conditions
- Rheumatoid arthritis supportive therapy
- Post-menopausal bone health
- Chronic low back pain with bone density loss
- Neuropathic pain with B12 deficiency

Clinical Advantages

Key Benefits of CALCIRIX™-DHA:

Dual benefit

Bone strengthening + Joint anti-inflammatory action

Omega-3s reduce need for chronic NSAIDs

Methylcobalamin + folate protect against neuropathy

Improves mobility, bone strength & overall QOL

Convenient once/twice daily softgel dosage

Comparison with Conventional Supplements

Parameter	CALCIRIX™-DHA	Calcium Alone	B12 Alone
Bone Mineralisation	✓ Strong (Calcitriol + Calcium + Boron)	⚠ Partial	✗ No
Anti-inflammatory	✓ (EPA + DHA)	✗ No	✗ No
Nerve Repair	✓ (Methylcobalamin + Folate)	✗ No	✓ Yes
Overall Ortho Coverage	✓ Complete	✗ Incomplete	✗ Partial

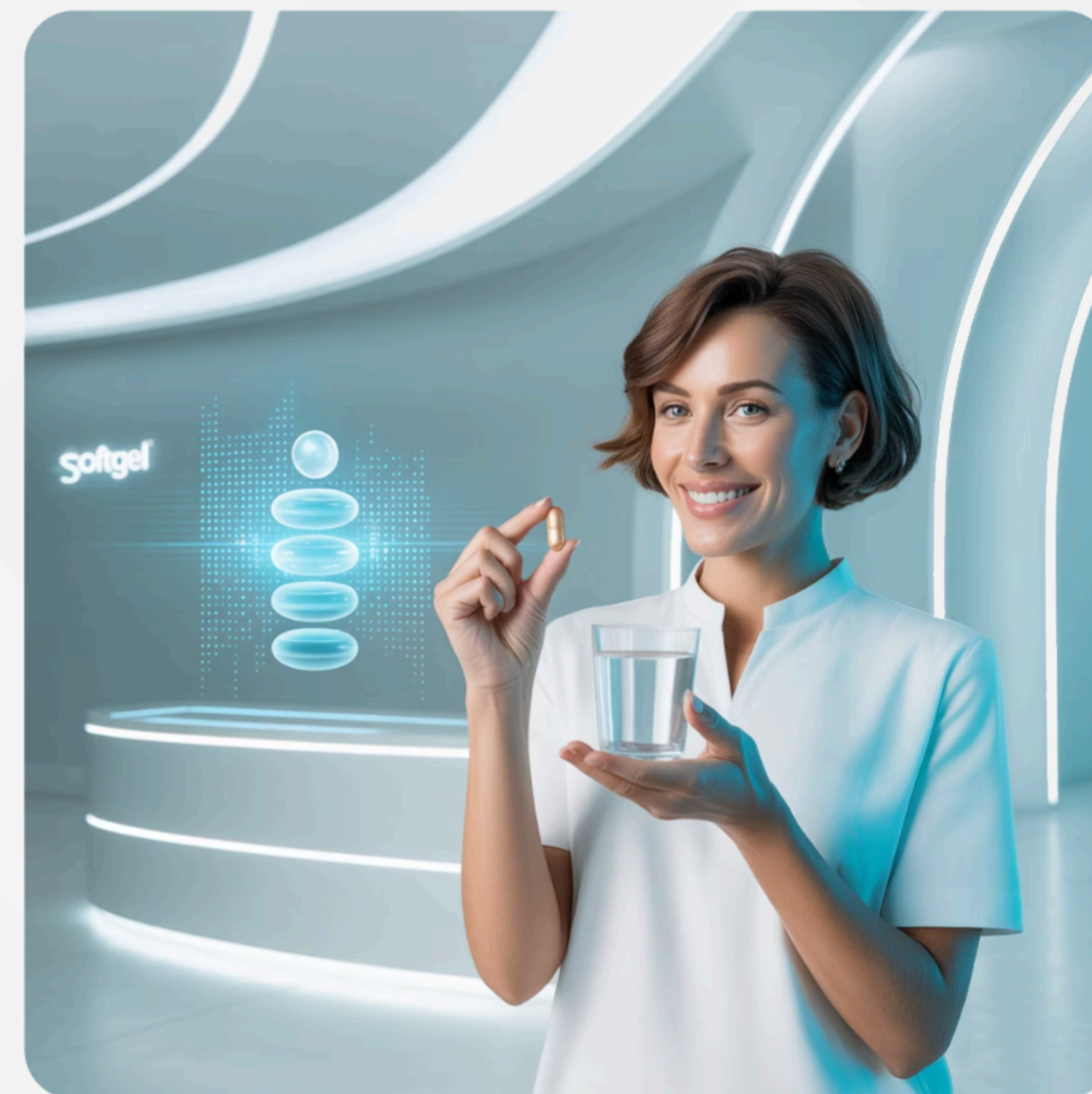
Dosage & Administration

Recommended Dose:

- **One softgel daily** or as directed by physician
- Administer after meals for better absorption

Special Advice:

- Ensure adequate dietary calcium & Vitamin D intake
- Monitor serum calcium in renal impairment



Safety & Tolerability

Generally Safe & Well-Tolerated

- Mild GI discomfort possible
- Rare: hypercalcaemia (with overdose or renal impairment)

Contraindications:

- Severe hypercalcaemia / Vitamin D toxicity
- Renal calculi (use with caution)



Why Prescribe CALCIRIX™-DHA?

Doctor's Ortho Choice For:



Comprehensive bone & joint health support



Anti-inflammatory benefit with Omega-3s



Protects against neuropathy with B12 + folate



Convenient once-daily softgel → better compliance



Trusted Human Orthocare quality



**Human
Ortho Care**

A SUBSIDIARY OF HUMAN BIOLIFE INDIA PVT. LTD.

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Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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For medical queries or collaboration:



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